



Spring/Summer Adult Small Groups

Are you looking for a way to experience relationship and growth at church? Consider becoming a small group leader or join an adult small group! The second session of Adult Small Groups is happening this spring and summer, and we are looking for folks to become new Adult Small Group leaders. What do you need to be a leader?

- An open heart – welcoming and encouraging the members of your group.
- Desire for intentional spiritual growth.
- A sense of humor!

The time commitment for adult small group leadership is once a week training April 7- 28 on Wednesday evenings. Then a 12-week group meeting time from the weeks of May 2-July 19 (meeting once a week). Are you wondering what your group would *do*?

- Learn about other faith traditions with Barbara Brown Taylor's book *Holy Envy*.
- Learn about food insecurity with videos and podcasts, then serve the community at Hope Clinic.
- Discover with your group different ways to be mindful – breathing, visualization, visio divina (artwork and the Bible).
- Think about your own interests and passions – and share them with a small group!

View the comments below from participants in our January-March 2021 Adult Small Group sessions.

"A wonderful way to explore faith, deepen understanding of complex issues, listen deeply, share and build community with thoughtful caring folks, understand more deeply the FUMC community."

"It's the best way I know to share your faith journey with others, and learn of theirs in a loving, trusting group. It's the way "connections" should be, but almost never was before the pandemic. This opportunity was a gift of the pandemic: we'd maybe never have done this kind of thing otherwise. I don't want groups like this to stop. They should be part of our "new normal."

"Small groups help you form a connection with people at FUMC. We are distanced and remote, but we are united in this community of faith, and as you get to know your small group members, you realize all the other things you have in common. Now you have a new group of friends, who one day, you may be able to actually see!"

Sign up for the spring/summer session of Adult Small Groups (May 2-July 19) on April 15!

For more information contact Debbie Houghton at debbie@fumc-a2.org.