

FUMC Adult Small Groups

Caring for Each Other

Twice a month on Wednesdays, noon-1 p.m. on Zoom, January-March

Leader: Jan Fogler

This group is for those who provide care for loved ones - to create a loving environment to support each other, share ideas and suggestions about anxieties and recognize the importance of caring for ourselves.

[Sign up for this group here.](#)



Wrestling With Faith

Tuesdays, 8-9 p.m. on Zoom, January-March

Leader: Wendy Payne

This is a welcoming group where you can discuss your doubts without judgement. Everyone will listen to podcasts or study a book in advance and discuss them together. This group is a great connection for those who have struggled with or are rebuilding their faith.

[Sign up for this group here.](#)

“Wholehearted Faith” Discussion

Mondays, 8-9 p.m. on Zoom, Jan. 10-March

Leader: Sarah Christensen

The group will discuss “Wholehearted Faith” by Rachel Held Evans. “Wholeheartedness is about see and comprehending my place in a bigger family of faith.” This book will explore universal human questions about becoming and belonging.

[Sign up for this group here.](#)



A Pathway to Mending: Whiteness Without Supremacy

Mondays 7-8 p.m., on Zoom, Jan. 10-early March

Leader: Elaine Shaw

This group will continue the vital conversation about racial reconciliation by exploring the roots of white European cultural history, and look at the question of how to develop healthy identities in which we take responsibility for the historic and current racial injustice and oppression, and participate in the promotion of positive aspects of mainstream and ancestral cultures. Suggestions from My Grandmother's Hands will be used to build "whiteness without supremacy."

[Sign up for this group here.](#)

Parents of Middle Schoolers

Monday, 7:30-8:30 p.m. on Zoom for 8 weeks | Beginning Jan. 10

Leaders: Pat Carson/Debbie Houghton

Energetic, unpredictable, passionate, moody, fun loving, unorganized, learning all the time - middle school is a rollercoaster ride for both parents and kids! This group is being offered in January especially for middle school parents to support each other in these turbulent times. Laughing, crying, grumbling, and helping one another in this shared space called middle school parenting is necessary on this wild ride!

[Sign up for this group here.](#)

Time With Richard Rohr

Tuesdays 7:15-8:15 p.m. on Zoom for 8 weeks | Beginning Jan. 4

Leader: Mary McClusky

Are you a fan of Richard Rohr? Do you read his daily meditations? Mary does, and she often comes away thinking she would like to talk with others to discuss what was meaningful or to help understand what he said. This group will look at current weekly meditations and listen to each other's understandings, questions and thoughts to help everyone in their spiritual journeys.

[Sign up for this group here.](#)

